

## Press Release

### **arztkonsultation.de and Smart Care bring Remote Patient Monitoring to the doctor's office**

- The video consultation service arztkonsultation.de and the platform for Remote Patient Monitoring (RPM) from Smart Care will be linked to together.
- Together arztkonsultation.de and Smart Care are creating a new basis for digital care

Schwerin/Berlin, October 27. 2021. Remote Patient Monitoring (RPM) is highly valued by physicians and patients, as a recently published study by the Zentralinstitut für die kassenärztliche Versorgung (Zi) shows. However, the study also shows that RPM technology is not yet fully developed in practical care. arztkonsultation.de, as the leading video consultation provider, and SmartCare, as the developer of a new type of RPM application, now want to change this together as part of a strategic partnership. SmartCare's concept has already been successfully introduced to the market in the USA and is being used by more than 50,000 patients.

By combining video consultation and RPM software, both providers are creating a foundation for advanced digital or hybrid care models that will bring many benefits to patients and physicians, including

- Significantly easier use of RPM
- Vital signs in real time and long-term continuous recording
- Evaluation of the measured values, e.g. via video conference between doctor and patient - for example for chronically ill people and those in need of care, care in rural areas or communication between decentralized clinics and MVZs

Dr. Peter Zeggel, Managing Director of arztkonsultation ak GmbH, says: "With the help of Smart Care's innovative RPM platform, we are creating a technological infrastructure for decentralized and digital medical care. We will make this available promptly and across the board, especially so that elderly and chronically ill people can be cared for even better."

Bernhard Günther, Co-Founder and CEO of Smart Care, emphasizes: "The cooperation with arztkonsultation.de as a leading telemedicine provider means an excellent opportunity for us to put the performance of our RPM technology at the

service of as many doctors and patients as possible. This allows us to meet the increasing and diverse needs and actively help many patients."

Holger Micheel-Sprenger, CEO of ICME International and principal shareholder of Smart Care, notes, "SmartCare builds on our many years of experience in the healthcare sector and successfully continues our holistic approach. We are particularly pleased that we were able to win arztkonsultation.de, a demonstrably successful provider in the field of video consultation, as a cooperation partner, who immediately recognized the great potential of our RPM technology. Now we want to tap this potential together!"

## **About arztkonsultation ak GmbH**

As a pioneer and leading provider in the field of video consultation, arztkonsultation ak GmbH stands for deep expertise in the field of telemedicine. Based in Schwerin (Schusterstraße 3, 19055 Schwerin), the company develops and manages several platforms as well as projects that contribute to the spread of telemedicine. These include the leading certified video consultation arztkonsultation.de, which is used by thousands of doctors and psychotherapists. Dr. Peter Zeggel heads the technology company as executive partner.

For more information, visit [arztkonsultation.de](https://arztkonsultation.de)

## **About Smart Care GmbH**

With a fully integrated, digital care solution, Smart Care provides safe and high-quality medical and nursing care. In doing so, Smart Care focuses on the medical care of patients in need of care in the outpatient sector. Especially in rural areas, as well as on health-conscious people in the 55 plus age group. In this context, Smart Care's patient-centric platform technology enables the connection of medical end devices for the continuous recording and documentation of health parameters in real time (RPM).

Smart Care GmbH was founded in 2020 and is based in Berlin.

Find further information at [smartcarehealth.de](https://smartcarehealth.de)

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